

From Stethoscopes to Soapboxes: Empowering DPC Physicians to be Catalysts for Change in Healthcare Advocacy

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Disclosures

Dr. Wendy Molaska, MD, FAAFP - Past President of the Wisconsin Medical Society

Dr. Eric Kropp, MD - Past President of the New Hampshire Medical Society



Learning Objectives

- 1. Discover how Direct Primary Care (DPC) doctors can shape healthcare policy to improve patient outcomes and benefit the practice.
- 2. Explore current healthcare issues affecting DPC practices and patient care, and how doctors can address them to better serve patients.
- 3. Learn practical tools to enhance advocacy skills, including communication, networking, and collaboration, to improve patient care and strengthen the practice.



My foray into advocacy

"MikNew Hampsh Ardennes region

Belgium, December

15, Adative to er

"Eric"

Concord, NH USA February 1, 2016









My foray into advocacy





Why is advocacy important?

The FD A May Restrict Covid

Measles Surge in Southwest Is Now the Largest Single Outbreak Since 2000

Gro that Migrants Are Skipping Medical Care, Fearing ICE, Doctors Say

l surpass

They are finding that people who have been assaulted, or who have serious conditions like diabetes or a high-risk pregnancy, are skipping or delaying care.

By EMILY BAUMGAERTNER NUNN, NINA AGRAWAL and JESSICA SILVER-GREENBERG

eople to seek ifety-net clinics patients say

it's harder to find care as they lose connections to familiar doctors.



Why is advocacy important?

Example Legislative Topics

- DPC laws
- Non-compete laws
- Non-physician scope of practice laws
- Prescription dispensing laws
- Climate change
- · Social determinants of health
- HSA tax code clarification
- How to keep legislation out of exam rooms - abortion, IVF, drug use, LGBTQIA+
- Budgets state, local, hospital

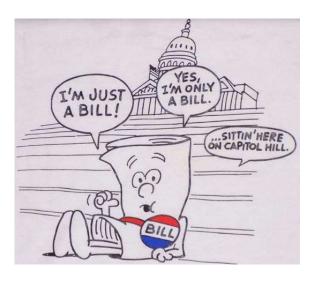
Why Advocate?

"Unless someone like you cares a whole awful lot, Nothing is going to get better. It's not." - Dr. Seuss, The Lorax





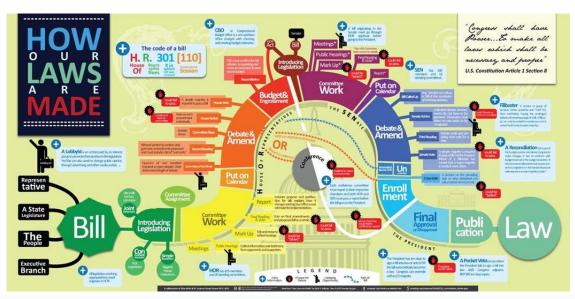
How an Idea Becomes a Law



-"I'm just a bill" by Schoolhouse Rock, 1976



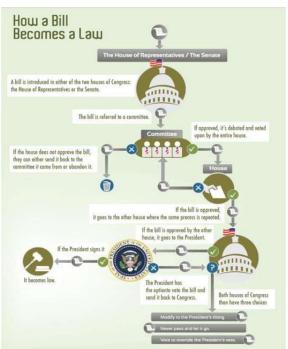
From Bill to Law





From Bill to Law

- Elected legislators introduce a bill
- Committee hearings
- Everyone has to approve:
 - House of Representatives
 - Senate
 - Governor or President



https://vectorfast.com/infographics-how-a-bill-becomes-a-lay



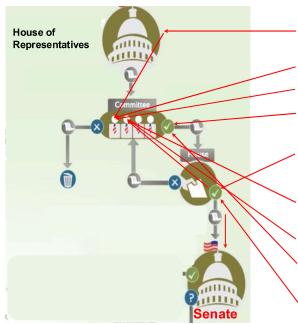
New Hampshire DPC Law

NH 2019 HB508

Relative to direct primary care

Date	Chamber	Action			
2019-08-21	House	Signed by Governor Sununu 08/16/2019; Chapter 330; I. Sec. 1-4 Eff: 10/15/2019 II. Rem. Eff: 08/16/2019			
2019-07-29	House	Enrolled 06/27/2019 House Journal 20 P. 59			
2019-07-29	Senate	Enrolled (In recess 06/27/2019); Senate Journal 21			
2019-07-12	House	Enrolled Bill Amendment # 2019-2659e: Amendment Adopted Voice Vote 06/27/2019 House Journal 20 P. 56			
2019-07-09	Senate	Enrolled Bill Amendment # 2019-2659e Adopted, Voice Vote, (In recess of 06/27/2019); Senate Journal 21			
2019-06-27	Senate	Conference Committee Report # 2019-2586c, Adopted, Voice Vote; 06/27/2019; Senate Journal 21			
2019-06-27	House	Conference Committee Report 2586c: Adopted, Voice Vote 06/27/2019 House Journal 20 P. 32			
2019-06-20	Senate	Conference Committee Report Filed, # 2019-2586c; 06/27/2019			
2019-06-13	House	Conference Committee Meeting: 06/18/2019 01:30 pm Legislative Office Building 302			
2019-06-12	Senate	President Appoints: Senators Sherman, Fuller Clark, Gray; (In Recess 06/06/2019); Senate Journal 20			
2019-06-12	Senate	Sen. Sherman Accedes to House Request for Committee of Conference, Motion Adopted, Voice Vote; (In recess 06/06/2019); Senate Journal 20			
2019-06-12	House	Speaker Appoints: Reps. Butler, Indruk, Marsh, Campion 06/06/2019 House Journal 18 P. 44			
2019-06-12	House	House Non-Concurs with Senate Amendment 1863s and Requests CofC (Rep. Weber): Motion Adopted Voice Vote 06/06/2019 House Journal 18 P. 44			
2019-05-15	Senate	Ought to Pass with Amendment 2019-1863s, Motion Adopted, Voice Vote; OT3rdg; 05/15/2019; Senate Journal 16			
2019-05-15	Senate	Committee Amendment # 2019-1863s, Amendment Adopted, Voice Vote; 05/15/2019; Senate Journal 16			
2019-05-08	Senate	Communes poor oight to Par with me Iment # 2019-1863s, 05/15/2019; ote 5-0; Consent Calendar; Senate Calendar 22			
2019-04-17	Senate	Hearing: 04 3/201 Room 16" Legis tiv Off council 02:0 pm; 5 te Calendar 19			
2019-04-12	Senate	Introduces 04/11/2019 and Reference to Heaver and Juman Princes; Senate Journal 13			
2019-04-04	House	Ought to Pass with Amendment 2019-1184h (NT): Motion Apopted Voice Vote 04/04/2019 House Journal 12 P. 2			
2019-04-04	House	Amendment # 2019-1184h (NT): Amendment Adopted Voice Vote 04/04/2019 House Journal 12 P. 2			
2019-03-27	House	Committee Report: Ought to Pass with Amendment # 2019-1184h (NT) for 04/04/2019 (Vote 14-1; Consent Calendar) Hous Calendar 18 P. 2			
2019-03-15	House	Executive Session: 03/20/2019 01:00 pm Legislative Office Building 302			
2019-03-15	House	Full Committee Work Session: 03/20/2019 12:00 pm Legislative Office Building 302			
2019-02-20	House	==TIME CHANGE== Public Hearing: 03/05/2019 01:15 pm Legislative Office Building 302			
2019-02-15	House	Referred to Commerce and Consumer Affairs 02/14/2019 House Journal 5 P. 16			
2019-02-14	House	Ought to Pass with Amendment 2019-0130h: Motion Adopted Voice Vote 02/14/2019 House Journal 5 P. 16			
2019-02-14	House	Amendment # 2019-0130h: Amendment Adopted Voice Vote 02/14/2019 House Journal 5 P. 16			
2019-02-05	House	Committee Report: Ought to Pass with Amendment # 2019-0130h for 02/14/2019 (Vote 20-0; Consent Calendar) House Calendar 11 P. 7			
2019-01-23	House	Executive Session: 01/29/2019 01:00 pm Legislative Office Building 205			
2019-01-16	House	Public Hearing: 01/23/2019 10:00 am Legislative Office Building 205			
2019-01-15	House	Introduced 01/03/2019 and referred to Health, Human Services and Elderly Affairs House Journal 3 P. 17			





Introduced to House; Referred to HHS and Elderly Affairs Committee

Public Hearing: HHS and Elderly Affairs Committee

Executive Session

Committee Report: Ought to Pass with Amendment; (Vote 20-0; Consent Calendar)

Ought to Pass with Amendment; VV (HOUSE)

Referred to Commerce and Consumer Affairs

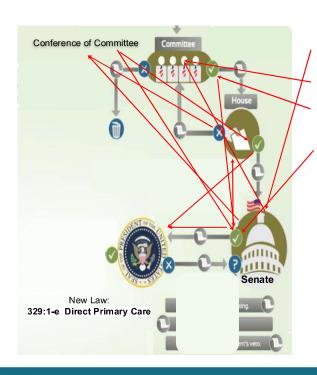
Public Hearing: House Commerce and Consumer Affairs Committee

Executive Session

Committee Report: Ought to Pass with Amendment; (Vote 14-1; Consent Calendar)

Ought to Pass with Amendment; VV (HOUSE)





Introduced to SENATE and Referred to Health and Human Services

Public Hearing: Senate HHS and Elderly Affairs

Committee Report: Ought to Pass with Amendment; Vote 5-0

Senate: Ought to Pass with Amendment; VV

House Non-Concurs with Senate Amendment, Requests Committee of Conference

Sen. Sherman Accedes to House Request for CofC; VV

Conference of Committee appointed => Meet => Report

Conference of Committee Report Adopted; VV (HOUSE)

Conference of Committee Report Adopted; VV (SENATE)

Enrolled; VV (HOUSE AND SENATE)

Signed by Governor Sununu



DPC Legislation

Medicaid Primary Care Improvement Act

| Depart | D

Primary Care Enhancement Act of 2025





DPC Legislation

Medication Dispensing Map Des State Laws Map Just five states effectively ban physicians from dispensing medications out of their offices. Dispensing With Reason? To address the pharmacy crisis, doctors should dispense some drugs Point-of-care dispensing could ease pressures on pharmacists while improving patient medication access By Joey Berlin Texas Medicine July 2021



Wisconsin DPC Legislation



Advocacy Action Plan

Go Forth and Testify





Tiered State and Local Activity List

Tier 3	Tier 2	Tier 1
"Dip your toes and be informed"	"Speak your voice, learn the ropes"	"Apply strategic advocacy skills"
Lowest level of engagement and least time intensive activities	Moderate level of engagement and time investment	Highest level of engagement and most time intensive

*Adapted from Hawkes Tiered state and local advocacy activity list



Tier 3 Activities

- VOTE in local, state and federal elections
 - Vote.gov
 - Ballotopedia.com
 - votesmart.org
- · Join local/regional specialty and/or medical societies
- · Follow social media accounts
 - Local/state/national organized medicine or specialty bodies
 - · Special interest or community advocacy organizations
- · Sign up for advocacy-focused communications
- · Register your opinion with remote sign in on important bills



Tier 3

Stay In the loop, learn the landscape



Discussion Forums

- "Slack"
- "Chanty"

- Email
- Websites
- Social Media





Tier 3

Remote testimony

All fields required First Last Town State New Hampshire

Step 1. Personal Information

Step 2. Select Date of the Hearing

Email Address

* Required		Ct Bill
Select the	Committe	ee' v
Choose th	e Bill *	
I am: * Se	elect an Op	ption Below> ~
I'm Repres	enting: *	Myself
Indicate \	our Pos	sition on this Bill *
◎ I Support	this Bill	
Oppose	this Bill	
O I'm neutr	al on this	Bill
Testimony	is for no	n-germane amendmer



Tier 3

Remote testimony

Step 4. Upload Remote Testimony (Optional)

Attach document below by clicking the Choose File button and selecting your file (PDF Format Only - 2MB Maximum file size):

Choose File No file chosen

OR
Type your testimony Below

Step 5. Final Review

Attention: Information and testimony submitted on this form is entered in to the public record for each piece of legislation and will be considered public records subject to disclosure under the Right To Know Law. Do not submit any personal information you do not wish to disclose publicly. The sign-in sheet will close for purposes of registering your opinion at 11:59 p.m. the day of the hearing.

Submit

https://gc.nh.gov/house/committees/remotetestimony/default.aspx



Tier 2

Speak your voice directly, learn the ropes

- Join the legislative committee of your local/state organizations and specialty bodies
- Email or call state legislators
 - · www.usa.gov/electedofficials
- Submit written testimony
 - House/senate committees, chairpersons, legislative leadership
- Write opinion articles for media outlets or social media



Tier 2

Opinion Editorial

What's behind the criminalization of our health care providers

By NICK PERENCEVICH

ABOUT THE AUTHOR

Nick Perencevich, MD is a semi-repredictire, the American Academy of
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- 6 bills passed the house with criminal directives against physicians including jail time
- 2 weeks later, 4 of these were amended to remove the criminal penalty

https://www.concordmonitor.com/My-Turn-61432820 05.28.2025

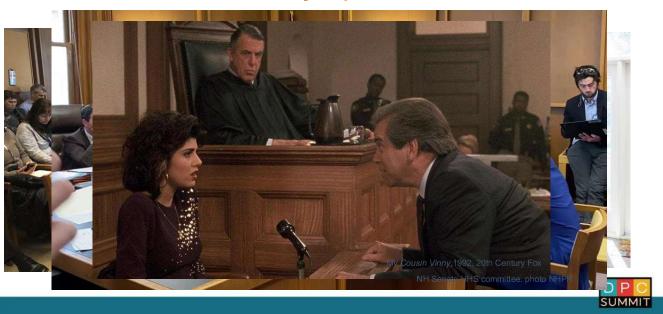


Tier 1 Activities

- Obtain leadership and advocacy training
- Meet with key stakeholders
 - Legislators, state boards, state agencies, professional groups
- Attend strategic planning and negotiation sessions
 - Ad hoc committees, working groups, coalition meetings, etc.
- Testify in-person at public hearings
- Hold leadership positions in advocacy organization



Tier 1 Testify in person



Physician Legislators



Representative William Marsh, MD (Reft) Representative Gary Woods, MD (Right)





Physician voices are valued

(and DPC docs are particularly well suited)

- Respect
- Time
- Transparency
- Educators
- Avoidance of conflict of interests
- Patient relationships





Physician voices are valued

(and DPC docs are particularly well suited)

Ati Hakimi, MD Harpreet Tsui, MD Jack Forbush, DO

John Gross, MD Kimberly Chapman, MD Kenneth Qui, MD

Kim Wadsworth, DO Kelly Green, MD Lara Briseno Kenney, MD



Physician voices are valued

(and DPC docs are particularly well suited)

Lee Gross, MD Mary Tipton, MD Maryal Concepcion, MD

Mike Ciampi, MD Nick Jones, MD Phil Eskew, MD, JD

Rebekah Bernard, MD Shane Purcell, MD Tiffany Leonard, MD



Pitfalls and Pearls

- Know the players and the positions
- · Find common ground
- Understand and respect the position of any organization that you are representing
- Understand that meeting with staffers is important

- Understand the reality of politics \$\$
- Understand the motive behind questions
- Understand unintended consequences of bills



Partner Organizations

- Groups affiliated based on things like trade or industry: doctors groups, medical systems, hospital organizations, employer groups, non-medical community partners
- Or based on areas of interest: climate, abortion, human rights, ethnicity, religion, refugee status, unhoused, children, rural, underserved, etc

















Summary

- Advocacy is important
 - Affects us and patients
 - Hyperlocal to national implications
- Speak up
- Reach out to other DPC physician leaders
- Each DPC is different capitalize on your uniqueness
- Use your expertise to advance policies



How will you get involved?

"If you are not at the table, you are on the menu"

overused proverb



"When you got skin in the game, you stay in the game But you don't get a win unless you play in the game Oh, you get love for it. You get hate for it You get nothing if you wait for it!"

"In the Room Where it Happens"

Hamilton, The Musical, Lin Manuel



References and Resources

- Ho PA, Hawkes A, The C-L Psychiatrist's Practical Guide to Legislative Advocacy Skills—And why it is Imperative for C-L Psychiatrists to Utilize these Skills, Journal of the Academy of Consultation—Liaison Psychiatry (2025)
- https://legiscan.com/about A central and uniform interface with the ability to easily track a wide array of legislative information.
 Paired with one of the country's most powerful national full bill text legislative search engines.
- https://law.justia.com/ Justia's platform provides community knowledge-sharing tools and numerous databases of law and legal information.



Live Content Slide

When playing as a slideshow, this slide will display live content

Social Q&A for From Stethoscopes to Soapboxes: Empowering DPC Physicians to be Catalysts for Change in Healthcare Advocacy



Questions?

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