

Equity in Action: Addressing Disparities Through DPC and Innovation

Wendy Molaska, MD, FAAFP Byron Jasper, MD, MPH

AAFP1.CNF.IO

- Navigate to https://aafp1.cnf.io/ and tap the session titled "Equity in Action: Address Disparities Through DPC and Innovation"
- OR just point your phone's camera at the QR code to join directly



Activity Disclaimer

The material presented here is being made available by the DPC Summit for educational purposes only. Please note that medical information is constantly changing; the information contained in this activity was accurate at the time of publication. This material is not intended to represent the only, nor necessarily best, methods or procedures appropriate for the medical situations discussed. Rather, it is intended to present an approach, view, statement, or opinion of the faculty, which may be helpful to others who face similar situations.

The DPC Summit disclaims any and all liability for injury or other damages resulting to any individual using this material and for all claims that might arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a physician or any other person. Physicians may care to check specific details such as drug doses and contraindications, etc., in standard sources prior to clinical application. This material might contain recommendations/guidelines developed by other organizations. Please note that although these guidelines might be included, this does not necessarily imply the endorsement by the DPC Summit.



Disclosure Statement

It is the policy of the AAFP and ACOFP that all individuals in a position to control CME content disclose any relationships with ineligible companies upon nomination/invitation of participation. Disclosure documents are reviewed for potential relevant financial relationships. If relevant financial relationships are identified, mitigation strategies are agreed to prior to confirmation of participation. Only those participants who had no relevant financial relationships or who agreed to an identified mitigation process prior to their participation were involved in this CME activity.

All individuals in a position to control content for this activity have indicated they have no relevant financial relationships to disclose.



Learning Objectives

- 1. Explore how mission and vision statements shape a DPC clinic's identity, business strategies, and patient engagement.
- 2. Demonstrate how DPC can serve diverse populations, including those with chronic conditions and lower socioeconomic status.
- 3. Define nonprofit DPC principles and show how they reduce health disparities while maintaining sustainability.
- 4. Learn how to collaborate with public health organizations and create solutions to advance health equity.



Disclosures

Byron Jasper, MD, MPH

- Enjoys caring for the underserved
- Is a Doctor and a DJ



Wendy Molaska, MD, FAAFP

- The opposite of burnt out
- Occasionally wears a cape





Mission vs. Vision

Mission (Where You Are Now)

- Defines your core purpose:
 Why your organization exists day to day.
- Focuses on the what and how: What you do and how you do it.
- Drives immediate action:
 It informs daily operations and short-term goals.
- Specific and measurable:
 Should guide employee behavior and decision-making.
- Audience-focused:
 Often speaks to patients, staff, and stakeholders.
- Anchored in the present:
 Focus is on delivering value today and in the near future.



SUMMIT

Mission vs. Vision

Vision (Where You Are Going)

- Inspires your future direction:
 Paints a picture of what success looks like long-term.
- Focuses on where and why:
 Where you're headed and why it matters.
- Broad and aspirational:
 Should be ambitious but not unrealistic.
- Unifying and motivational:
 Gives purpose to long-term
 planning and inspires your team
 and community.
- Defines strategic growth:
 Used for setting priorities and attracting alignment.
- Time horizon: Long-term, typically 5–10 years or more.

Dedicated Family Care

Mission Statement

Our mission is to champion health equity by providing an exceptional primary care experience that is personal, high-quality, accessible, and affordable through the Direct Primary Care (DPC) model.

Vision Statement

Our vision is to bridge the gap in healthcare disparities, ensuring that every individual, regardless of socioeconomic status, race, gender, or background, has the opportunity to achieve optimal health and well-being. Through advocacy, education, and community partnerships, we strive to transform the healthcare landscape, fostering a system where preventative care and patient-centered relationships are paramount, and where health equity is a reality for all.



Byja Clinic and Byja Charitable Alliance

Byja Clinic Mission Statement

To improve the lives of the people we serve by caring for all people of diverse backgrounds and diverse health so that our communities will succeed for generations to come.

Byja Charitable Alliance Mission Statement

To provide comprehensive holistic supportive services to minority communities, especially those affected by HIV, STIs, and hepatitis. We aim to improve our communities' health and empower all individuals to take active roles in maintaining their health through education, routine engagement with healthcare professionals to prevent negative outcomes, and ongoing support where needed.



Mission and Vision statements are more than words — they are blueprints for service.







DPC is NOT only for the healthy and the wealthy – it's a Community Model for ALL!

Our clinics serve people who are often overlooked by the traditional healthcare system.







Who We Serve Reflects Who We Are

Dedicated Family Care Byja Clinic and BCA Age Range: 1 month to 84 years (as of April 2025) Age Range: 5 to 79 years (as of April 2025) **Our Clinic** Local Area **Our Clinic** Local Area Uninsured 8.6% 41.3% 18.8% Uninsured 8.72% **Racial Demographics Racial Demographics** Black 9% 15% 47% Black 68.3% White 60% 48% White 42% 23.8% Latinx 16% 33% 6.9% Latinx 5.9% 40% Uninsured • 19% Uninsured • 52% Private • 66% Private Insurance Insurance 5% Medicaid 8% Medicaid • 7% Medicare 2% Medicare • 2% Healthshare 0% Healthshare DP SUMMIT

Who We Serve Reflects Who We Are

Mental

Dedicated Family Care

Unique Populations

- LGBTQAI+: 11% (PreP, PEP, transcare/HRT)
- Immigrants
- Hospice
- Breastfeeding consults



Byja Clinic and BCA

Unique Populations

HIV/Hep C: 10% | PrEP: 6%

• LGBTO+: 9%



ng, Attorney, Private



The Dedicated Family Care "Family"









The Byja "Family"









The Dedicated Family Care "Family"



The Byja "Family"





Nonprofit DPC Clinics Meet Patients Where They Are

Core Principles of Nonprofit DPC Clinics

- Often structured as 501(c)(3) tax-exempt entities
- Mission-driven to serve medically underserved and uninsured patients
- Reinvests all or majority of revenue back into the clinic and services for the community
- Can earn revenue through a range of methods (e.g. memberships, partnerships, paid services, and donations)
- May also qualify for unique funding programs (e.g. charitable grants, mission aligned programming, etc.)



Nonprofit DPC Clinics Meet Patients Where They Are

How Nonprofit DPCs Can Address Health Disparities

- Using those diverse revenue streams and collaborative agreements allows greater engagement and impact within the community
- Creative partnerships can assist with operational support and create access where it otherwise may not exist
- Robinhood model: Higher-paying members and donors can also support our low-income patient memberships, labs, and medications



Nonprofit DPC Clinics Meet Patients Where They Are

How Nonprofit DPCs Can Address Health Disparities

For-profit DPC (Byja Clinic) coexists with our own nonprofit arm (Byja Charitable Alliance) where the nonprofit provides wraparound services to many of our uninsured and underserved groups.









Paulette Grey, MD, MPH

Donald Carson, DO

Emily Holt, DO, MPH Willie Talbert, MD



Achieving the Mission in a For Profit DPC

How For Profit DPCs Can Address Health Disparities

- Different tiers for pricing equity fund as part of pricing (sustainable, accessible, equitable)
- Flexible payment options
- Keeping overhead low
- Providing DPC services to individ
- Wealthy patients donating directly
- Side gig to help stay financially so





Collaborations and Sponsorships





Collaborations and Sponsorships





Who We Collaborate with Reflects Who We Serve





























Who We Collaborate with Reflects Who We Serve















Summary

- Start somewhere
- What do you want your DPC to look like and why?
- Who do you want to serve?
- How will you accomplish this?
- · What moves you?
- Where is your passion?







Live Content Slide

When playing as a slideshow, this slide will display live content

Social Q&A for Equity in Action: Address Disparities Through DPC and Innovation



Questions?

Dr. Byron Jasper

- · Byja Clinic
- byjainfo@byja.org
- www.byja.org





Dr. Wendy Molaska

- · Dedicated Family Care
- <u>drmolaska@familydpc.com</u>
- www.familydpc.com



