# Presenting the Dark Side of DPC

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Participate in polling questions and submit your questions to <a href="https://aafp4.cnf.io/">https://aafp4.cnf.io/</a>



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#### Learning Objectives

By the end of this educational activity, participants should be better able to:

- Understand that while DPC solves many of the problems in health care delivery, it is still a hard job.
- Understand the challenges that a mature DPC practice faces.
- Understand that it is ok if DPC is not the right fit for you.



# Welcome to the Dark Side of DPC





#### **Learning Objectives**



UNDERSTAND
THAT WHILE
DIRECT
PRIMARY CARE
SOLVES MANY
OF THE
PROBLEMS IN
HEALTHCARE
DELIVERY, IT IS
STILL A HARD
JOB



UNDERSTAND
THE
CHALLENGES
THAT A
MATURE DPC
PRACTICE
FACES



UNDERSTAND
THAT IT IS
OKAY IF DPC
IS NOT THE
RIGHT FIT
FOR YOU



24/7 call/access

Entitlement

"Jungle Medicine"

All.The.Hats

Call your momma

BFFs

Woo Woo

Running a Business

Cherry picking





#### 24/7 Call/Access

We said it, now we have to do it...











#### Jungle Medicine

Modern medicine sometimes doesn't look so modern





#### All.The.Hats

KEPOURIED DOWN

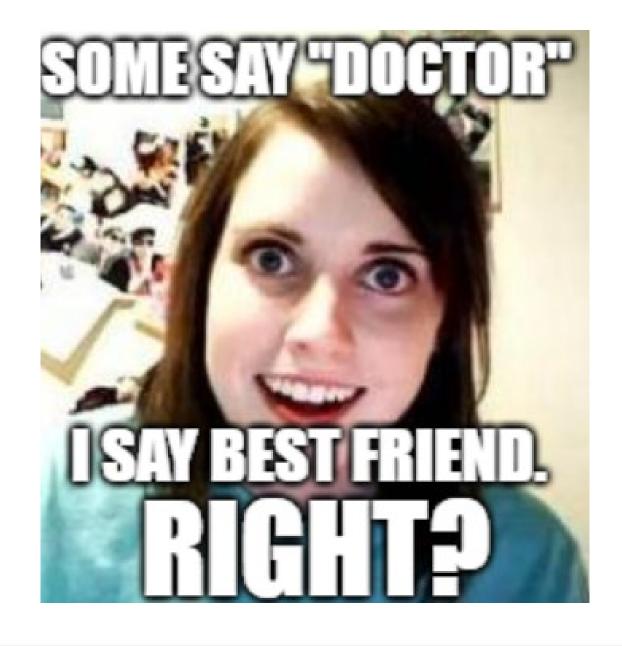
- My day job:
  - Answer the phone
  - Water the plants
  - Stock the toilet paper
  - Review labs
  - Collect payments
  - Give flu shot
  - Touch up the paint
  - Oh yeah, and see patients









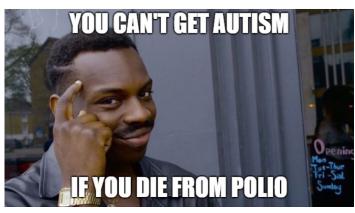


#### **BFFs**

This relationship isn't a two-way street



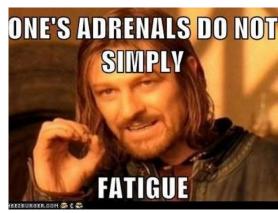
# **Woo Woo –** "a slang term used to describe those who believe in phenomena that lack substantiated evidence to prove the claim of the phenomena." *Urban Dictionary*



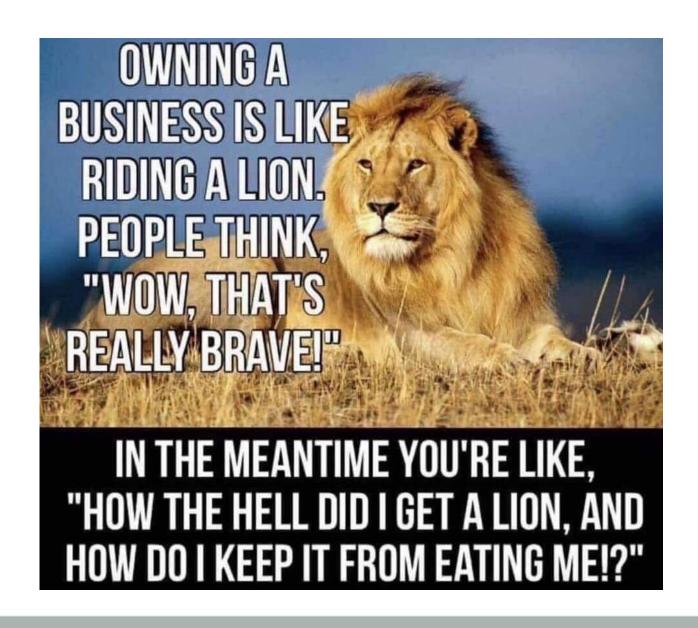












## Running a Business



#### Cherry-picking





What do we do about the dark side?

We talk about it.

We remind ourselves that being doctors is hard, and we have to take it seriously.

We support each other in setting boundaries.

We laugh about it.



# THE PROPER FEEDING OF BEAUTIFUL PEOPLE

Jack Forbush, DO

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#### GUESS WHAT? IT'S NOT ALL ABOUT YOU



### The Dependents

They just can't get enough of you!



#### The Resistors

You want me to do what?



#### The Heaters

Let me tell you something!



## The Manipulators

• I'll be back



#### The Smarties

Recent research shows



#### Questions?

Submit your questions to: <a href="mailto:aafp4.cnf.io">aafp4.cnf.io</a>

Don't forget to evaluate this session!

#### **Contact Information**

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